### Taking action on water, sanitation and hygiene in health facilities -Challenges and opportunities

### International Workshop on Infection Prevention and Control 2017

#washforhealth #WASHinHCF www.washinhcf.org

Photo credit WaterAid

unicef

World He Organiza

## Imagine delivering a baby with no water,



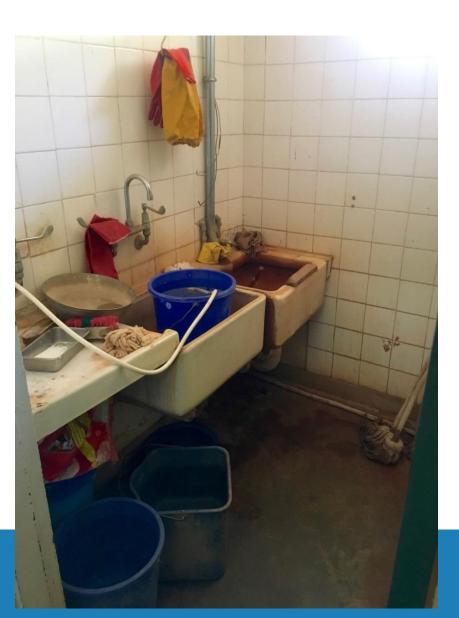


## ...preventing infections from spreading





# Or trying to provide quality care when basic services are lacking...







# Globally, access to WASH in health care facilities is limited

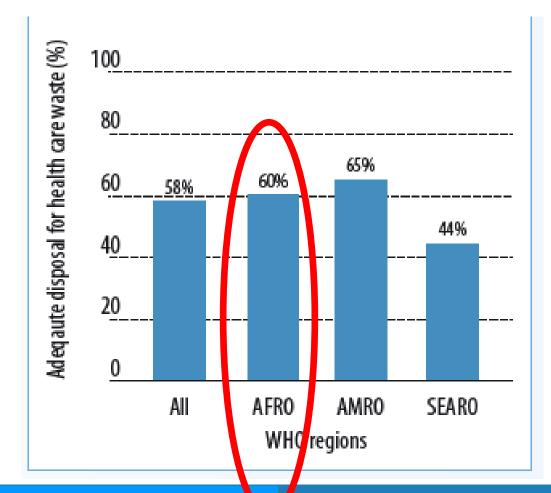
	Access to an improved water source within 500 m			Access to improved sanitation facilities			Access to soap for handwashing		
WHO Regions	Number of facilities*	Number of countries	Coverage (mean)	Number of facilities	Number of countries	Coverage (mean)	Number of facilities	Number of countries	Coverage (mean)
All	66,101	54	62%	62,524	26	81%	40.536	35	65%
AFRO	52,674	23	58%	51,715	16	84%	31,984	14	64%
AMRO	3,020	10	70%	1,425	11	57%	1,442	11	65%
EMRO	5,778	3		5,510	2	—	5,510	2	—
EURO	527	3		527	3	—	420	2	
SEARO	3,596	6	78%	3,347	4	—	1,180	4	_
WPRO	500	3		0	0	_	0	0	

- 38% globally do not have access to an improved water source at or near the facility.
- When reliability and safety is considered, water coverage drops by half.
- 35% lack soap for handwashing and 19% are without sanitation
- Data from 2015 WHO/UNICEF Global Assessment of WASH in HCF





# Safe health care waste management is also lacking



unicef



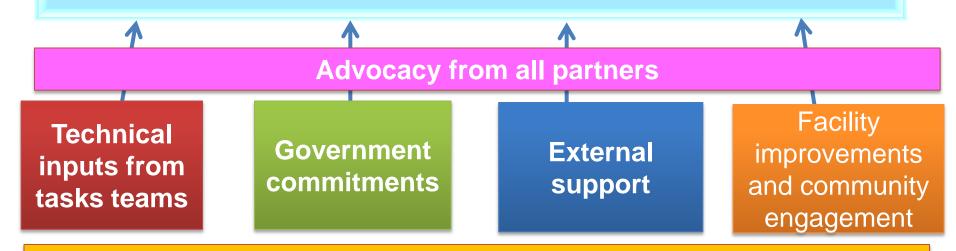


World Health Organization

# **Taking action: Global Action Plan**

#### Vision

By **2030**, to ensure that **every** health care facility, in **every setting**, has **safely** managed, reliable water, sanitation and hygiene facilities and practices to meet staff and patient needs in order to provide quality, safe people-centered care with particular attention to the needs of women, girls and children.



**Embedding WASH in key health initiatives and frameworks** 





ganization

## Catalyzing action through the Sustainable Development Goals







# WASH = health

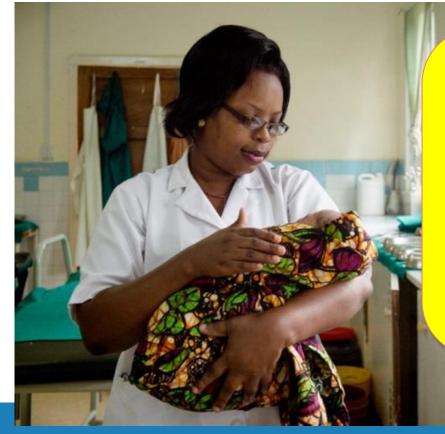
Maternal child health Antimicrobial resistance Infection prevention and control Quality universal health coverage



## Maternal and child health

#### Situation

Hospital-born babies in low-income settings are at a higher risk of being affected by neonatal sepsis, with infection rates **3** to **20** times higher than in high-income settings



#### Action

WASH is a core component of WHO Standards for improving quality of maternal and newborn care (2016) Development and implementation of indicators

WASH element strengthened in training materials, advocacy and country-focused efforts

Gon<sub>1</sub> et al, *Plos One* 2016 Benova, et al, *Plos One* 2015



World Health

rganization

## **Antimicrobial resistance**

The consequences of poor water, sanitation and hygiene (WASH) and compromised infection prevention and control (IPC)

Lack of WASH, including inadequate toilets, in health care facilities



GLOBAL ACTION PLAN ON ANTIMICROBIAL RESISTANCE 1 Increased risk of healthcareassociated infections (HAI)

2 Increased risk of spread of HAI

- Increased burden of expensive, hard-to-treat and lifethreatening resistant infections
- ④ Decrease in patient confr health care

Overreliance on preventive use of antibiotics

High health care costs and poor health outcomes

Increased use of antibiotics to

#### **Action**

Prevention through WASH is a core component of WHO Global Action Plan on AMR

National action plans include WASH and prevention elements





Global Sepsis Alliance

## **Infection Prevention and Control**

### Situation

7% of patients in developed and 10% in developing acquire a health care associated infection

In Africa, up to 20% of women get a wound infection after a caesarean section

#### **Action**

WASH is a core component in new IPCGuidelines (2016)139 Member States have pledged toreduce health care associated infection

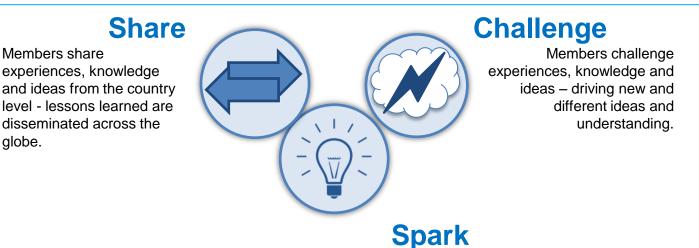


Guidelines on Core Components of Infection Prevention and Control Programmes at the National and Acute Health Care Facility Level



### Join the WHO Global Learning Laboratory for qUHC – WASH-IPC pod

To create a safe space to <u>share</u> knowledge, experiences & ideas; <u>challenge</u> those ideas & approaches; and <u>spark</u> innovation for quality UHC.



Members generate innovative ideas to support a collaborative task, activity or programme to be further developed in-country.

#### www.integratedcare4people.org

#### Click on Communities

Scroll down to click on Global Learning Laboratory for Quality Universal Health Coverage



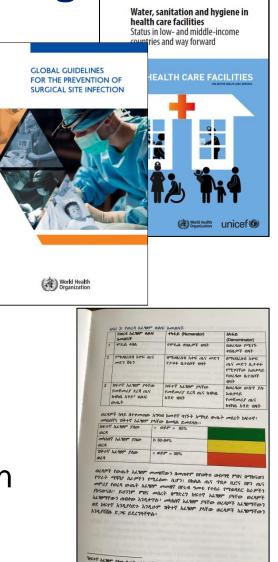
# What we know works for improving WASH in HCF

### Global

- High level advocacy and support
- Embedding within health efforts

### National

- Strong political commitment, implementation of national policies and budget lines
- Monitoring: use of harmonized indicators in surveys and HMIS





# What we know works for improving WASH in HCF

### **Facility level**

- Accountability mechanisms and incentives
- Engagement and empowerment of leaders, communities and users
- Small incremental improvements (WASH FIT)







### Improving quality of care Water and Sanitation for Health Improvement Tool

- A risk-based management tool for improving WASH services in HCF
- To ensure health care facilities
  - are clean and safe
  - have staff and mechanisms to maintain and improve WASH
  - can provide quality, people-centred care

Adapted from Water Safety Plan and Quality Improvement approaches



Water and Sanitation for Health Facility Improvement Tool — WASH FIT

A practical guide for improving quality of care through water, sanitation and hygiene in health care facilities



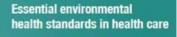


## WHO WASH standards provide a basis for WASH FIT

- Water quantity
- Water quality
- Handwashing facilities
- Excreta and wastewater disposal
- Health care waste disposal
- Cleaning
- Control of vector borne diseases
- Information and hygiene promotion







Edited by John Adams, Jamie Bartrain, Yves Chartier

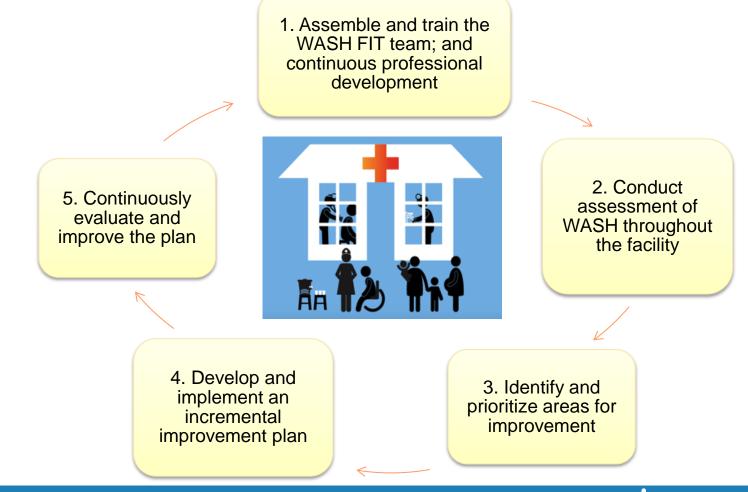






World Health Organization

## 5-step approach requiring commitment and leadership





# Early adopters

- Implemented in over 15 countries with different core focus (overall quality of care, maternal/newborn services, cholera hotspot, outbreaks, health care waste)
- Demand exceeds supply; several selfinitiated efforts
- Monitoring and follow-up by government, in certain places with support by NGOs, WHO and partners
- Rigorous M&E being developed









# Examples of WASH FIT improvements in Liberia

- Range of immediate to longer-term solutions
- Includes cleanliness and hygiene of grounds
- Reminders of hygiene behaviour
- Safe waste destructionimproved incinerators







World Health Organization



# Lessons from implementation

- Conduct hands-on training in facilities
- Leadership needed from senior facility staff
- Link training to policy and financing strengthening mechanisms
- Peer-to-peer exchanges, competitions and auditing supports ongoing improvements
- Dedicated WASH budget critical



# Looking ahead – global opportunities and strategic considerations

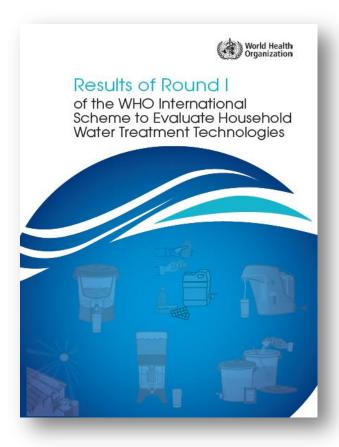
- Elevate urgency and profile
- Demonstrate proof of concept and scale-up
- Implement tools and empower health staff
- Develop innovating financing
- Monitor and hold accountable
- Strengthen and share evidence
- Foster partnerships





# Other areas of WHO WASH support

- Developing and implementing national drinking-water guidelines and surveillance systems
- Advice on performance of household water treatment technologies and support for national testing
- Training and implementation of water safety plans and sanitation safety planning in communities
- Monitoring of inputs into WASH (GLAAS) and access in households HCF and schools (JMP)





## Thank you!

For more information: visit www.washinhcf.org or email washinhcf@who.int



Credit: WaterAid 2016

<sup>24</sup> With thanks to Dr Maggie Montgomery, WHO HQ



# **Relevant Resources**

- WHO, 2008. Essential environmental health standards in health care. http://www.who.int/water\_sanitation\_health/hygiene/settings/ehs\_hc/en/
- WHO, 2011. *Guidelines for drinking-water quality, 4<sup>th</sup> edition*. <u>http://www.who.int/water\_sanitation\_health/publications/2011/dwq\_guidelines/en/</u>
- WHO, 2014. Safe management of wastes from health-care activities. <u>http://www.who.int/water\_sanitation\_health/publications/wastemanag/en/</u>
- WHO/UNICEF, 2014. *Ebola: Key questions and answers concerning WASH*. http://www.who.int/water\_sanitation\_health/WASH\_and\_Ebola.pdf
- WHO/UNICEF, 2014. *Ebola: Key questions and answers concerning health care waste.* <u>http://apps.who.int/iris/bitstream/10665/144730/1/WHO\_EVD\_WSH\_14.2\_eng.pdf</u>
- WHO/UNICEF. 2015. Water, Sanitation and Hygiene in Health Care Facilities: status in low and middle income countries and way forward. <u>http://www.who.int/water\_sanitation\_health/publications/wash-health-care-facilities/en/</u>
- WHO/UNICEF, 2017-forthcoming. *Water and sanitation for health facility improvement tool.* <u>http://www.washinhcf.org/resources/tools/</u>

