Module 5. SANITATION IN HCF

Ministry of Health Liberia Division of Environmental & Occupational Health

WASH & EH Package – Early recovery & Resilience Building from EVD outbreak



Sanitation

Objectives

- To outline the minimum requirements for sanitation facilities in Healthcare Facilities
- To understand use and maintenance of sanitation facilities in HCFs



Learning

Learning Points

By the end of the session, participants should be able to;

- Describe minimum requirements for sanitation in HCFs
- Share knowledge and skills to improve sanitation services in HCF in their counties

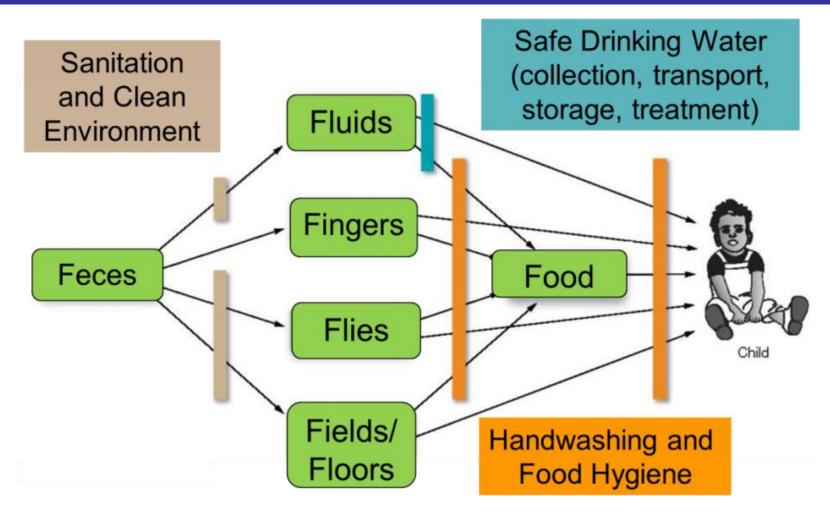


Sanitation Need

- Human faeces is the most common source of diarrhoea pathogens (germs)
- Germs are passed on from an infected person to a new host through contaminated food, fingers, fields and flies.
- Latrines / toilets is a primary barrier that breaks the transmission route by confining faeces to safe structures.
- Clean water supply (fluids) and hand hygiene provide the secondary barriers to the faecal – oral contamination



F Diagram





Barriers

Which are the primary barriers to spread of germs?

Which are the secondary barriers?



Sanitation Components

Managing used water, faecal matter, storm water and related waste from within healthcare facilities in safe and sustainable manner.

- Toilets: Permitting safe defecation that protect public health and environment.
- Bathrooms: Permitting safe body washing that protect public health and environment.
- Safe management of feces and urine: Safe collection, storage, treatment, and disposal of human excreta.
- Proper drainage and disposal of wastewater or grey water.
- Drainage of storm water.



Sanitation

Toilets, Bathrooms and Wastewater Collection System:

- Toilets and bathrooms should be accessible to all staff, patients and visitors (this includes being accessible for the disabled, pregnant women, etc) and not more than 30 metres from users.
- Toilets shall be separate for staff and patients as well separate for male and females
- There should be sufficient numbers of suitable, reachable and proper toilets and bathrooms in each healthcare facility.

Sanitation continued

- Wastewater generated in healthcare facilities should be disposed of promptly and safely to avoid contamination.
- Wastewater collection facilities can be onsite or off-site depending on availability of such facilities.
- Storm water should be drained through channels to avoid pooling



Key activities towards proper sanitation: Implementation of hardware component

✓ Toilets (construct/renovate)

1 toilet: 20 inpatient users
4 toilets (in OPD for staff, female, male, children).
Accessibility = within 30 meters

✓ Bathrooms (construct/renovate)

At least 1:40 inpatient users

✓ Wastewater system

(septic tanks/leach fields to accommodate wastewater generated)

575 gallons/day (Primary Health Care)

1440 gallons/day (Secondary Health Care)

5650 gallons/day (Tertiary Health Care)

✓ Storm water drainage



As per the Infrastructure Standards









Dirty commodes/toilets and bathrooms without direct water supply are sources of nosocomial infections

Minimum Requirements

2. Sanitation Quality

- Sanitation facilities follow MoH specifications
 - Excreta and waste water safely managed
 - Safe Locate 30 metres or more from water sources (depending on gradient and type of soil)
 - 2 metres above ground water table
 - Cleaned and maintained regularly

3. Sanitation Access

- Access to males, females, children and limited mobility
- Within 30 metres from all users



Key activities towards proper sanitation: Implementation of software component

- Ensure supplies to permit effective cleaning
- Training of technical staff in operation and maintenance of facilities
- Clean floors at least twice a day or as needed with wet mop, detergent, water and a disinfectant cleaning solution; Scrub sinks frequently with a cloth or brush and disinfectant solution; Scrub commodes or toilet frequently at least 2 times a day or as needed.
- cleaning toilets should be clearly stated in job descriptions, there should be a cleaning record at all toilets of when they were cleaned and a process for addressing unclean/malfunctioning toilets
- Perform routine maintenance of sanitation facilities, decommission latrines that are full.
- Conduct supportive supervision and monitoring



Waste water handling

- Grey water (washing water) should be drained appropriately away from the facility to prevent standing water, breeding areas for mosquitoes, etc
- Black water (flushing toilet water) should be disposed of with appropriate drainage/soak away pit/septic line/septic tank system.
- The waste disposal point should be over 30 metres away from ground water sources and more than 1.5m above the water table.



Storm Water Drainage

- Storm Water Drainage System:
- There should be adequate and well-designed storm water drainage system in all healthcare facilities.
- The system should ensure that unblocked storm water channels exist and are properly sized and functional.
- It should also ensure that rain water does not flood or carry potentially infectious agents to nearby residents or communities.



continued

 Rain water should NOT be directed into septic tanks to avoid overspill



Required Minimum Standards

1. The Quantity of Storm Water Channels

 Enough storm water canals to contain and direct water movement of storm water runoff in each HCF.

2. Quality

 Water channels constructed according to MoH specifications to ensure storm water is safely managed



Questions and Discussions



References

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