

Regional WASH Fit trainer of trainers

Date: 20-24 March 2023

Venue: Safari Park Hotel-Nairobi(Kenya)

#	Title	Content highlights	Facilitator/trainer (PLS=participants-led session)
Day1: Setting the scene			
1.1	<i>Welcome & registration</i>		
1.2	Introduction	Welcome and opening remarks	MoH Kenya – Dr. Adam Mohamed Ali UNICEF - Pierre Fourcassie WASH Specialist WHO - Guy Mbayo WASH Technical Officer
1.3	Program description	We will get to know each other during the week Purpose of this TOT Program description Methodology and material (PLS explained) Groups forming (6) Rules Expectations	Pierre Fourcassie (WASH PHE specialist, UNICEF ESARO)
1.4	Pre-course test	Participants to conduct the pre-course test individually	Kebede Eticha (WASH in HCF consultant, UNICEF HQ)
1.5	AFRO Countries progress in HCFs) on 8 practical steps) Energy in HCF	Overview of status in HCF globally, and in AFRO, Introducing the 8 practical steps in HCF, and countries' progress in the 8 practical steps, how to submit updates and share stories on progress. Overview of Energy in HCF and Energy options (incl. Renewable Energy) Q&A	Nadia Abdalla (WASH tech. officer, WHO Geneva) Nour Alnajjar (Energy specialist, UNICEF ESARO)
Break			
1.6	Market place with 8 countries: detailed situation of WASH in HCF; IPC/WASH progress; Good practices	Market Place session with country posters on the wall 1/ Country situation (Group work using the template, country progress/eight steps)	Facilitation team

		and plenary feedback, and challenges 2/ Country posters (optional) or country presentations on free themes such as good practice examples of frameworks - gender/QoC/climate integration, financing/budgeting experiences, etc; tools/processes for improving quality of care; an innovation (not PV); barriers analysis and how they are overcome; gender equality Energy; budgeting (local governments, other sources); integration WASH+IPC+QoC ;	
Lunch			
1.7	WASH and IPC in emergencies	The critical importance of WASH/IPC in emergencies Ebola: WASH/IPC response Cholera: WASH/IPC response Roundtable of examples	Pierre Fourcassie
1.8	Hand Hygiene promotion in HCF through country examples	Hand hygiene promotion and adherence in HCF: concrete examples from countries of approaches that work Country team WG Feedback in plenary	Nadia Abdalla
Break			
1.9	WASH in HCF Introduction	Service levels and JMP report The Eight practical steps	Guy Mbayo

1.10	Wrap-up of the day	Complete your daily learning diary All stand-up for wrapping up the day	Pierre Fourcassie
Day 2: How to be a good WASH Fit trainer			
2.1	Recap the previous day & introduce the program of the day	Use one of the proposed learning review methods	PLS
2.2	Climate resilient in HCF	Impact of climate change in Africa (IPCC AR6 WG2; Africa chapter) -speech Climate resilience and WASH in HCF - presentation	Guy Mbayo
2.3	Adult learning	How adults learn Training of Trainer Skills Designing, preparing, and running a training Post-training	Pierre Fourcassie, Nadia Abdalla
Break			
2.4	PLS instructions	Objectives, material, and instructions for the role play (participant-led session with a small group of trainees, and the rest of us as observers) Group settings -6 groups (water, sanitation, hygiene, waste, env cleaning, management) see instructions on the right -->	3 hours preparation for a 20 min session <ol style="list-style-type: none"> 1. HC facility level: IPC focal points, cleaners, HC staff... 2. Provincial level: Environmental Health or IPC inspectors 3. National Level: national technical team <ol style="list-style-type: none"> 1. Select your audience (trainees) 2. Read the WASHFIT module ppt and other resources (see the link) 3. Select 3 to 4 "learning objectives" for your audience 4. Prepare the session plan (SP) –time, sequences, methods, material with at least one participatory exercise (5-8 min) 5. Prepare the ppt presentation adapted from the WASHFIT module 6. Rehearsal for your assigned TOT facilitator & adjustments
Lunch			
2.5	PLS: Preparing your training session	follow the instructions Use the provided material Ask for support from the facilitation team	Participants in the group, supervised by the facilitation team
2.6	Wrap-up of the day	Complete your daily learning diary	PLS

		All stand-up for wrapping up the day	
Day 3: Participant-led WASH Fit sessions & WASH Fit assessment in Mathare Hospital			
3.1	Recap the previous day & introduction to the prog. of the day	Use one of the proposed learning review methods	
3.2	Water supply (PLS group 1)	session delivery to your selected audience (20 min) feedback from 1/PSL team, audience (trainees), and observers (20 min)	PLS group 1
3.3	Sanitation (PLS group 2)	session delivery to your selected audience (20 min) feedback from 1/PSL team, audience (trainees), and observers (20 min)	PLS group 2
Break			
3.4	Hand Hygiene (PLS group 3)	session delivery to your selected audience (20 min) feedback from 1/PSL team, audience (trainees), and observers (20 min)	PLS group 3
3.5	Healthcare waste management (PLS group 4)	session delivery to your selected audience (20 min) feedback from 1/PSL team, audience (trainees), and observers (20 min)	PLS group 4
3.6	Environmental cleaning (PLS group 5)	session delivery to your selected audience (20 min) feedback from 1/PSL team, audience (trainees), and observers (20 min)	PLS group 5
Lunch			
3.7	Technical visit to Mathare North Hospital	13:55: gathering 14:00. Departure; Instruction provided in the bust; 14:30:	Kebede Eticha, supported by the facilitation team

		introduction meeting at the Hospital (90 min) 6 teams will conduct a WASHFIT assessment. 1 team per the following domains: Management; Water; Sanitation and Hand hygiene; Environmental cleaning; Waste management; See hospital program visit Collective debriefing of the visit	
3.8	Wrap-up of the day	Complete your daily learning diary All stand-up for wrapping up the day	Pierre Fourcassie
Day 4: Deep-dive into the WASH Fit process and application to Mathare Hospital's assessment			
4.1	Management and physical environment (PLS group 6)	session delivery to your selected audience (20 min) feedback from 1/PSL team, audience (trainees), and observers (20 min)	PLS group 6
4.2	PLS: end of the role play and feedback for improvements	Feedback from the participants on how the role play went and what should be done to improve it next time	Pierre Fourcassie
4.3	WASH FIT methodology: Deep dive into the 5 steps Application to the hospital was assessed yesterday	A/ Deep-dive lecture on WASHFIT: Background (what is WASHFIT?) Step 1 – Establish team Step 2 - Assessment Step 3 - Risk analysis and prioritization Step 4 - Incremental improvements and implementation Step 5 - Monitoring and review; WASHFIT cycle process	Kebede Eticha and facilitation team
Break			

4.5		B/ the 6 groups work the 5 WASFIT steps on their respective WASHFIT area based on the hospital assessment conducted the day before. Assessed areas were Management; Water; Sanitation and Hand hygiene; Environmental cleaning; Waste management	
Lunch			
4.5		C/ Groups present their WASHFIT qualitative/quantitative findings in plenary and Q&A (technical)	6 groups
4.6		D/ Review of the process	
4.7	Wrap-up of the day	Complete your daily learning diary All stand-up for wrapping up the day	All facilitators
Day 5: Sustainability of WASH Fit and planning for action			
5.1	Recap the previous day & introduction to the prog. of the day	Use one of the proposed learning review methods	Pierre Fourcassie
5.2	Kobo toolbox and WASH FIT assessment (Digital data collection)	Kobo toolbox: create, submit, and analyze data Uploading WASH FIT Kobo form and editing Data collection on Android phone (app) or using link access to the YouTube tutorials	Kebede Eticha
Break			
5.3	Sustainability of WASHFIT	Resource considerations Sustainable finance and investment Data collection and sharing (HMIS Metrics for WASH in HCF)	Margaret Montgomery (online with support from Nadia in the room)

		Supportive Supervision and Mentoring Partners engagement Support from the region and HQs Q&A and experience sharing Key recommendations	
5.4	Integrating Gender, Equality, and Social Inclusion into plans for WASH in health care facilities	GEDSI and WASH in HCF Risks associated with unmet GEDSI related to WASH in HCF Examples of how to improve GEDSI	Nadia Abdalla
5.5	Action planning	Instruction on the exercise Group work by country team Presentation of the (tentative) post-TOT action plan	Facilitation team
5.6	Review of the week's learning	Complete your daily learning diary Exchange on what we have learned in training adults	Facilitation team
5.7	Pose-course test and evaluation of the course	Online: Post-course test and Evaluation of the course	Kebede Eticha
5.8	Certificates and Closure		Facilitation team